

March Activities

Faith



Activity #1 – I Can't See, But I Know You Are There!

What You'll Need: A blindfold

Prepare

Remove breakables from the room where you will be playing this game. Think about fun and safety!

Learn

Bring your family together for a game. Don't let anyone see the blindfold. Let them know you are all going to play a game about faith. Ask for a volunteer. Put on the blindfold on your volunteer and then explain the game. With only using words, the blindfolded person will participate with everyone as we play follow the leader! That means without seeing our actions or seeing where we are going, the leader will talk through every action and movement.

Follow-up

Faith is believing and not seeing, but what about listening? We can grow our faith by listening to God's will in our lives by reading Scripture and through prayer. Faith is trusting even when it is hard.

Activity #2 – Faith Not Sight

What You'll Need: A feather, a balloon, paper, and a Bible

Prepare

Read John 20:24-29, Hebrews 11:1, Ephesians 2:8-9, Mark 16:14, 1 Corinthians 15:14, 2 Corinthians 5:7, 2 Corinthians 13:5, Ephesians 2:8, Philippians 3:9.

Learn

Ask your child to name things they can see around you. (People, furniture, walls, toys, etc.). What about the air? We can not see it, but it's there. We can't see air, but we can see evidence that it is there.

Hold up the feather and blow toward it. What made the feather move? The air from our lungs. Hold up an empty balloon. It does not fill with air until we blow air into it. Demonstrate with household objects how air from our lungs moves things. Watch trees sway in the breeze. Wind moves the leaves on the trees. Wind is air in motion. On a calm day, there is still air, even though we cannot see the evidence of it.

In some ways, faith is like this demonstration because although we cannot see air, when we walk into a room, we know, we believe, and we have faith that we will be able to breathe because there is air. We can't see it, but we trust it will be there. That is how we can describe our faith in God and Jesus. We have faith that God is who He says He is. We have faith that Jesus is our Savior.

Follow-up

Share about when you put your faith in Jesus.

Activity #3 – Invisible is Not Always Invisible

What You'll Need: Blank paper, baking soda, water, bowl, Q-tips, purple grape juice

Prepare

Without your child seeing you, mix baking soda and water. Using a Q-tip, draw a picture or write a phrase. Let this dry.

Learn

Give the paper to your child as a present. Play up the idea that it is important and especially for them. When they comment that it's "Just a piece of paper," tell them it's special, but they just can't see why. Give them some grape juice and a Q-tip, and help them paint the page to reveal what you made. Like the image, faith is believing and not seeing.

Now let them make you an invisible/visible picture.